

# The City Focus

Official Newsletter for the City of Colonial Heights



Winter 2019



## in this *issue*

Council Column	2
Photographers Wanted!	2
Dates of Interest	3
Active Assault Training	3
Citizens Government Academy	4
Community Center Rental Changes	4
Neighborhood Leaf Removal Service	4
Billing & Collections Important Dates	5
Neighborhood Holiday Decorations	5
Important Notice about Sewer Lines	5
Curbside Bulk Item/Trash Collection	10
2020 Census Information	10
City Phone Directory	12

## REC-happenings

Sports and Athletics	6
Classes and Activities	7
Trips	7-8
Therapeutic Recreation	8
Senior Center	9
Violet Bank Candlelit Tours	8
Senior Center	9
Coastal Plain League Team	9
Violet Bank by Candlelight	11
Turkey Trot	11
Best of Ireland Trip	11
Christmas Parade	12
SPCA Brick Pavers	12

John A. Rooney, Jr.



## City of Colonial Heights Council Members

**T. Gregory Kochuba**  
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Vice Mayor  
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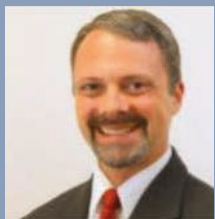


**John E. Piotrowski**  
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piotrowskij@colonialheightsva.gov



**Pamela Wallace**  
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wallacep@colonialheightsva.gov  
(804)520-9360

## Contact the City Manager



**Douglas E. Smith**  
City Manager  
City Hall  
201 James Avenue  
smithd@colonialheightsva.gov  
(804) 520-9265



## COUNCIL COLUMN

**John T. Wood**  
Councilman  
woodj@colonialheightsva.gov



### The Balance of Power

Your City Council constantly manages a balancing act. It is the balance of the authority of the many for the good of all citizens versus the rights of the individual to live his or her life without the undue burden of a meddlesome government.

Citizens often ask how Council decides something. The issues and circumstances change but the underlying process remains the same. Should food trucks compete with restaurants? Where can residents park recreational vehicles? How many and what types of animals may be housed with their owners? How tall is tall grass? May some business signage be restricted? Do certain citizens deserve lower tax or utility rates? Which uses of private property are compatible with residential or commercial needs?

The answers to such questions start with the law of our Commonwealth. In Virginia, no locality may regulate conduct by ordinance unless authorized by legislation enacted by the General Assembly. The answers to such questions end with you, the citizen. Depending on the issue, Council often weighs how the greater good may be served without limiting the freedom of the individual. Council regularly hears from the few who may be aggrieved but rarely receives guidance from the many who seek policies promotive of general welfare.

The balance of power is constantly shifting between the individual and the group. If some issue under Council's consideration is of interest, you can tip that balance of power. In times past, decisions were influenced by those who showed up in Council chambers. Today you can affect the balance by email, text, tweet, telephone, letter or even a casual, unsolicited conversation with Council members. If you communicate, you may discover just how influential you really are. We can't always agree but we can always agreeably consider one another's perspectives, one another's solutions, one another's alternatives. Isn't that the way it is supposed to be?

Sincerely,  
John T. Wood



## City of Colonial Heights PHOTOGRAPHERS WANTED!



*We are seeking photos from community events, outdoor recreation activities, nature, animals and so much more! See your photos displayed in various posts, community updates, and even featured on the cover of our quarterly City Focus Newsletters!*  
**Email Us at CityofColonialHeights@gmail.com or call (804)520-9265.**

<b>Dec 3</b>	<b><i>Christmas Parade</i></b> 7:00 pm - On the Boulevard
<b>Dec 4</b>	<b><i>Planning Commission (tentative)</i></b> 7:00 pm - Council Chambers
<b>Dec 10</b>	<b><i>City Council Regular Meeting</i></b> 7:00 pm - Council Chambers
<b>Dec 17</b>	<b><i>City Council Special Meeting</i></b> 6:00 pm - Council Chambers (tentative)
<b>Dec 24-25</b>	<b><i>City Holiday - Christmas</i></b> Government Offices Closed

<b>Jan 1</b>	<b><i>City Holiday - New Year's Day</i></b> Government Offices Closed
<b>Jan 7</b>	<b><i>Planning Commission (tentative)</i></b> 7:00 pm - Council Chambers
<b>Jan 14</b>	<b><i>City Council Regular Meeting</i></b> 7:00 pm - Council Chambers
<b>Jan 17-18</b>	<b><i>City Council Retreat</i></b> 2:00 pm - Smithfield Station
<b>Jan 20</b>	<b><i>City Holiday - Lee-Jackson-King Day</i></b> - Government Offices Closed

<b>Feb 4</b>	<b><i>Planning Commission (tentative)</i></b> 7:00 pm - Council Chambers
<b>Feb 11</b>	<b><i>City Council Regular Meeting</i></b> 7:00 pm - Council Chambers
<b>Feb 17</b>	<b><i>City Holiday - President's Day</i></b> Government Offices Closed
<b>Feb 18</b>	<b><i>City Council Special Meeting</i></b> 6:00 pm - Council Chambers

<b>Mar 4</b>	<b><i>Planning Commission (tentative)</i></b> 7:00 pm - Council Chambers
<b>Mar 10</b>	<b><i>City Council Regular Meeting</i></b> 7:00 pm - Council Chambers
<b>Mar 17</b>	<b><i>City Council Special Meeting</i></b> 6:00 pm - Council Chambers

## Colonial Heights Police Teaching Active Assault Training

The Colonial Heights Police Department teaches a Civilian Response to an Active Assault Event to all government personnel and school employees. This class was developed by ALERRT (Advanced Law Enforcement Rapid Response Training) and it instructs the concepts of A.D.D. :

- Avoid the situation;
- Deny when getting away is difficult or impossible and;
- Defend because you have the right to protect yourself.



This informative class is now available to our citizens and businesses, and provides instructions on how to make critical decisions in times of high stress. This class is free and you can participate by signing up using the links below or by calling Career Officer H. Scott Whirley at 804-520-9318.

Link to sign up for December 10, 2019 class 5pm to 7pm:

<https://www.signupgenius.com/go/60B0B44AEAD2FA7F85-crased>

This class will be at the Colonial Heights Public Library located at 1000 Yacht Basin Drive Colonial Heights VA, 23834.

## On the Cover...

Santa prepares for visitors at Violet Bank Museum during their Candlelit Open House in 2019. This year's Violet Bank Open House nights will include entertainment on select dates. See Page 11 for this year's schedule of performers.



# Want to Learn More About How the City Operates?

## Apply now for the Citizens Government Academy

The Citizens Government Academy, a free 8-week program, provides residents with an opportunity to learn more about the operations and services of their City government. Each week, program participants visit different departments to meet the director or elected official and learn about specific departmental operations through hands on activities, demonstrations, group discussions and site tours.

Academy programs are held during the spring (March – May) on Thursday evenings from 6:00 p.m. to 8:30 p.m. at various facilities throughout the City. Applicants must be 18 years-of-age or older, a resident of the City of Colonial Heights, attend at least 7 out of 8 sessions and participate in the graduation ceremony. Class size is limited.

If you are interested in being considered for a future academy, applications are available at [www.colonialheightsva.gov](http://www.colonialheightsva.gov) or by contacting the Human Resources Department at [carpenterj@colonialheightsva.gov](mailto:carpenterj@colonialheightsva.gov) or (804) 524-8749.



## Community Center Rental Changes

Effective January 1, 2020, the Community Center will be available in rental blocks; weekdays from 4:30pm to 9:00pm, and weekends from 8:00am to 2:00pm, and 3:00pm to 9:00pm. The rental fee is \$100 per block. Also beginning with 2020 rentals, a Recreation and Parks staff member will be on-site during rentals to assist renters with questions/concerns, adherence to rules, and insure proper use of the building.



Community Center rentals are available to Colonial Heights residents and organizations only, and reservations must be made in person at the Recreation & Parks Department. The department will begin accepting 2020 reservations beginning December 2, 2019. Call the Recreation & Parks Department at 520-9390 for more information.

## Neighborhood Leaf Removal Service Fall 2019/Winter 2020

### Convenient Service during Fall Season

The City of Colonial Heights Department of Public Works is pleased to announce that convenient leaf removal services will be provided in city neighborhoods again this year. Each fall, residents collect and stockpile loose leaves along city streets, which city crews remove and make available to local recycling businesses. During the 2018/19 season, city crews collected approximately 2,821 cubic yards of leaves.

**Year Round Service Option** - Bagged leaves are collected year round and may be placed at the curbside on regular trash collection days. The limit per collection day is 30 bags, each weighing no more than 50 pounds.

**Neighborhood Service Areas** - This year leaf removal operations will occur in three main service areas, each consisting of three to four neighborhoods. Signs will be installed on adjacent thoroughfares to let residents know in advance when service is scheduled in their area. Please note that the time for service in each area is subject to change depending on inclement weather conditions and other events beyond the City's control. Leaves will be collected and removed during the hours of 7:30 AM and 3:00 PM, Monday through Friday, beginning November 12, 2019 and ending February 11, 2020, except on holidays.

**Preparing Leaves for City Collection** - Residents are asked to place leaves along street frontages and roadsides one week before service is scheduled to begin in their neighborhood, as only one (1) pass will be made on each street during the scheduled collection service for the area. No leaves will be removed except during regularly scheduled times. Leaves that are not placed before regularly scheduled removal times will be removed during the next regularly scheduled service in the area. City crews cannot remove leaves from private property.

**More Information** - Residents may contact the Public Works Department at 520-9372 for more information about this convenient neighborhood service. Please visit [www.colonialheightsva.gov](http://www.colonialheightsva.gov) for more information and to view the Service Area Maps.



## FROM THE BILLING & COLLECTIONS DEPARTMENT WINTER 2019/2020 - IMPORTANT DATES

- **December 5, 2019**, the 2nd half of 2019 Personal Property Taxes are due. In order to avoid penalty and interest, these taxes must be paid by this date. Failure to receive a tax bill does not relieve the taxpayer from any late charges. Please mail or bring your bill with you when making payment. Please pay all Personal Property taxes by due date to avoid a Vehicle Registration Stop being placed at DMV.
- **The DROP BOX** is also available for all payments. If receipt is needed, please provide a self-addressed stamped envelope. If you prefer to pay by credit card, you may visit the City website at [www.colonialheightsva.gov/epayments](http://www.colonialheightsva.gov/epayments).
- **January 31, 2020** - Colonial Heights DOG and CAT tags are now due. A valid rabies certificate and document whether the dog or cat has been spayed or neutered must be presented. All tags must be purchased by January 31, 2020 to avoid a 25% late fee charge.

ALL checks should be made payable to CITY OF COLONIAL HEIGHTS.

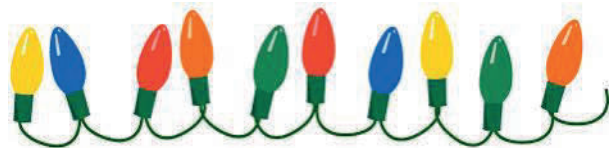
Sheila S. Minor, Director of Finance  
City of Colonial Heights  
Billing & Collections  
P. O. Box 3401  
201 James Ave.  
Colonial Heights, VA 23834-9001



## News from the Beautification Committee *Neighborhood Holiday Decorations*

The Colonial Heights Beautification Committee will once again compile a list of City residences with traditional to tacky, holiday decorations, and everything in between. The Committee will be looking for those homeowners who have gone above and beyond decorating their homes for the holidays. Members will be viewing neighborhood homes between Friday December 6th and Sunday December 8th. The list will be made available on the City website, the Progress Index, and through the Chamber of Commerce.

Please contact Jessica Sears Younce with questions at [jjlcnsears@aol.com](mailto:jjlcnsears@aol.com) or by calling (804) 919-1164.



## IMPORTANT NOTICE - Wipes & Personal Hygiene Products Clog Sewer Lines!

### What We All Can Do To Help...

The following items should **NEVER** be flushed into the sewer system:

Disinfecting/surface wipes	Mop or "Swiffer" type refills
Baby wipes	Paper towels
Jewelry wipes	Pet care wipes
Cosmetic wipes	First Aid wipes
Disposable diapers or diaper liners	Bio-pads (nursing home, home health care, etc.)
Cotton swabs	Feminine hygiene products
Toilet cleaning pads	ANY Moist type towelettes
<b>+ANY CONSUMER ITEM THAT IS NOT TOILET PAPER!</b>	

Every home and business has a sewer connection to the public sewer system. This connection runs from the home or business to the sewer main where it is connected to the public sewer system. This on-site sewer line is the responsibility of the home or business owner to keep clear so there are no back-ups of wastewater into the home or business. Save yourself and the City from costly repairs and/or replacement bills. **Do not flush the listed items; place them in the trash, not the toilet.**



## Colonial Heights Recreation and Parks Department

**Office Hours: Monday - Friday 8:00am - 5:00pm**

**P.O. Box 3401 / 901 Meridian Avenue**

**Colonial Heights, VA 23834**

**[www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks)**

Recreation and Parks Office (804) 520-9390  
 Senior Activities & Classes (804) 520-9220  
 Senior Transportation (804) 520-9219  
 Weather Cancellation Line (804) 524-8788  
 Violet Bank Museum (804) 520-9395

### Register by Mail

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks  
 P.O. Box 3401  
 Colonial Heights, VA 23834

### Register in Person

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office  
 Shepherd Stadium  
 901 Meridian Avenue  
 Colonial Heights, VA 23834

### Register Over the Phone

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

### Register Online

To register online, please visit us online at [www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks) and click the register online link.

### After Hours Dropbox

We have a Drop Box for after hours collection of registrations, payments and uniforms; located in front of the Community Center at 157 Roanoke Ave.

### Payment Options

The City accepts Cash, Check, money order and major Credit Cards. Discover card not accepted at this time. Please make checks payable to: "City of Colonial Heights". \$35 fee may apply for returned checks



### Spring Adult Softball League

Ages 16+

Registration is currently being accepted for the 2020 Spring/Summer Adult Softball Leagues. Adult Leagues are run through private associations. Registration Deadline for the Spring/Summer season will be Friday, March 6, 2020. For more information and to register contact Robert Lowry at (804)441-0214 or [rlowry8941@aol.com](mailto:rlowry8941@aol.com).

Fee: \$650/team

#### Primary Game Nights:

COED	Sun nights
Women's	Mon nights
Church	Tue nights
Men's Competitive	Wed nights
Men's REC	Thur nights
COED	Fri nights

Game nights are subject to change based on the number of teams registered. Teams must be available to play any weeknight. Teams must supply game balls.

### Youth Spring Soccer

#### Registration

Registration for 2020 Spring youth soccer will begin online January 1, 2020 at [www.colonialheightssoccer.com](http://www.colonialheightssoccer.com). Players from all localities are welcome for an additional \$5 per player. Games/practices will take place at the Soccer Complex behind the Colonial Heights Library. In-person registration will be accepted at the Colonial Heights Library on Sat, Jan 18th and Sat, Feb 8th from 10am-2pm. You must register by March 1st to guarantee a spot and uniform if needed. Practices will begin the middle of March and games will be played on Saturdays beginning late March. For more information email [chsainformation@gmail.com](mailto:chsainformation@gmail.com).

Fees: \$40; ages U6 (uniform included)  
 \$60; ages U8-U12 (uniform included)  
 \$80; ages U14-U18 (uniform included)

## Youth Baseball/Softball Registration

Ages: Boys 4-18 (as of 4/30/20)  
 Girls 4-15 (as of 7/31/20)

Registration for 2020 youth baseball and softball leagues will begin on January 6, 2020. The deadline to register is February 28, 2020. To register you must be a City of Colonial Heights resident. Practices begin mid-March. Practice times will vary depending on the amount of teams in each league.

Fee: \$20 until February 28; \$30 after February 28, children registered after deadline may be placed on a waiting list.

#### Coed:

Rookie League (Instructional)	ages 4-5
Coach Pitch (Instructional)	ages 6-8

#### Boys:

AAA League	ages 9-10
Major League	ages 11-12
National League	ages 13-15
Big League	ages 16-18

#### Girls:

Angels	ages 9-10
Ponytails	ages 11-12
Belles	ages 13-15
Debs	ages 16-18

### Open Gym Basketball

Ages 6+

Open gym basketball will be offered on Sundays. Full court games will be organized depending on the amount of participants each week. Must be a City of Colonial Heights resident.

<b>Ages 14 and under</b>	<b>1-3pm</b>
<b>Ages 15+</b>	<b>3:15pm-5:15pm</b>

Su	12/15
Su	1/5, 1/12, 1/19, 1/26
Su	2/2, 2/9, 2/16, 2/23
FREE	CH High School Gym

### Little Tykes Basketball

Ages 3-4

Little Tykes Basketball will provide a weekly opportunity for children between the ages of 3 and 4 to learn some basics of the game of basketball. The activity will provide a great environment for your toddler to learn basic skills and have fun learning something new.

Th	1/9-2/6	6:00pm-7:00pm
\$20	North Elem. Gym	

# Classes & Activities

## Belly Dancing

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthens your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Th	12/5-12/19	6:00pm-7:00pm
Th	1/9-1/30	6:00pm-7:00pm
Th	2/6-2/27	6:00pm-7:00pm
Th	3/5-3/26	6:00pm-7:00pm
\$30	Community Center	

## Okinawan Karate

Ages 5-17

The focus of this class is on respecting others, self-control, self-discipline and avoiding confrontation. The emphasis is on the basics such as, falling, balance, flexibility, agility and basic karate techniques. No class on school holidays; Jan 20, Feb 17. December is pro-rated due to Christmas holidays.

Mo/We	11/4-11/25	5:30pm-6:30pm
Mo/We	12/2-12/18 (\$30)	5:30pm-6:30pm
Mo/We	1/6-1/29	5:30pm-6:30pm
Mo/We	2/3-2/26	5:30pm-6:30pm
Mo/We	3/2-3/30	5:30pm-6:30pm
\$40	Lakeview Elem. Gym	

## Winter Break Camp

Ages 6-12

Winter Break camp this year is going to be held at the Colonial Heights Library from 8am-5pm. Each day we are going on a different field trip which can include anything from going to the movies, Swaders, MP Bounce w/ me and more. Each day will have a different theme and activities. There will only be 20 spots available so pre-registration is required. During the day your child will engage in activities such as arts and crafts, group games and team building activities, gym games and more. All those who register will be given the schedule of activities prior to the start date of camp. Student must bring snacks, lunch (when not included with trip) and a water bottle each day. If your child is 5 years of age and has completed or is in kindergarten then they are eligible to register. You do not have to be a Colonial Heights resident. Camp will NOT MEET on Wednesday January 1.

Mo-Fr	12/30-1/3	8:00am-5:00pm
\$100	Library	

## H.I.I.T. It! By Fitness Warriors

Ages 16+

A free and fun interval-training based full-body workout for all ages and abilities! Get stronger, faster, and healthier! Sports Backers' Fitness Warriors program instructors are area residents who have talent, passion, and potential to be professional fitness instructors for Richmond's communities with the highest rates of chronic disease. Whether you're looking for a fun way to get moving or need a supportive group to keep you motivated, we offer FREE fitness classes for every level of fitness!

Mo	12/2-12/30	6:00pm-7:00pm
Mo	1/6-1/27	6:00pm-7:00pm
Mo	2/3-2/24	6:00pm-7:00pm
Mo	3/2-3/30	6:00pm-7:00pm
FREE	Community Center	

## Singles Paint Night Mixer

Ages 20+

This is an event for single adults to come out and mingle. Paint and supplies will be included as well as light refreshments. Come and mingle with other single adults in the community! Pre-registration is required.

Fr	2/7	5:30-7:00 pm
\$15	Community Center	

## Cocoa and Cozy Family Movie Night

All Ages

Come join us for some hot cocoa and a movie. Families will make a movie snack and settle down with some hot cocoa to watch the movie Snow Day! Pre-registration is required.

Fr	1/24	5:30-7:30 pm
\$10/family	Community Center	



# Trips

## Riverside Theater Fredericksburg, VA

For the following performances, we will depart from the Senior Center at 10:00am and return back to the center at approximately 6:30pm. Price includes transportation on vans, ticket to show, and lunch. Sign up early, limited tickets!

### Bright Star

Inspired by a real event, Broadway's Bright Star is a sweeping tale of love and redemption set against the rich backdrop of the American South in the 1920s and '40s. When literary editor Alice Murphy meets a young soldier just home from World War II, he awakens her longing for the child she once lost. Haunted by their unique connection, Alice sets out on a journey to understand her past – and what she finds has the power to transform both of their lives.

We	4/1/20	10:00am-6:30pm	\$70
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### Murder for Two

In this hilarious 90-minute show, 2 performers play 13 roles, not to mention the piano, in a witty and winking homage to old-fashioned murder mysteries. Officer Marcus Moscovicz is a small-town policeman with dreams of making it to detective. One fateful night, shots ring out at the surprise birthday party of Great American Novelist Arthur Whitney and the writer is killed fatally. The perfect blend of music, mayhem and murder!

We	6/10	10:00am-6:30pm	\$72
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### Ghost

A timeless fantasy about the power of love. Walking back to their apartment one night, Sam and Molly are mugged, leaving Sam murdered on a dark street. Sam is trapped as a ghost between this world and the next and unable to leave Molly who he learns is in grave danger. With the help of a phony storefront psychic, Oda Mae Brown, Sam tries to communicate with Molly in the hope of saving and protecting her. Based on the hit 1990 film starring Demi Moore and Patrick Swayze.

We	8/12	10:00am-6:30pm	\$72
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## Other Trips Available

For a full listing of day trips and overnight trips visit our website at [www.colonialheightsva.gov](http://www.colonialheightsva.gov). Our trips fill quickly. Please contact the Senior Center at (804)520-9220 for more information.

## Charleston, SC

Join us for a trip to beautiful Charleston, SC. This 4 Day/3 Night Trip includes lodging at the Hampton Inn Historic District, a guided tour of Charleston, Tour of Ft. Sumter, Magnolia Plantation & Gardens Tour, Harbor Cruise, and the Charleston Tea Plantation Factory Tour. Package also includes 3 breakfasts and 3 dinners. \$99 deposit due with registration, final payment due July 24, 2020. Transportation on Motorcoach and will leave from Community Center.

Tu-Fr 9/22/20-9/25/20  
 \$800/person Double  
 \$1,150/person Single

## Natural Bridge & Virginia Safari Park

Join us for a trip to Natural Bridge, VA. This trip will include a guided tour through Natural Bridge Caverns, and overnight stay at the Historic Natural Bridge Hotel, tickets to Natural Bridge State Park and Light Show, as well as a wagon ride through Virginia Safari Park. Price also includes a dinner buffet and breakfast buffet in the Colonial Room. Transportation is on City vans, only 22 seats available for this trip!

Tu-We 4/7/20-4/8/20  
 \$175/person  
 \$50 deposit due at registration  
 Final payment due 1/31/2020



**Mon, April 20, 2020**

Depart Community Center at 9am—  
 return approximately 9pm

Cost: \$44 per person

Returning players \$15 Free slot play/  
 New players will receive slot play  
 (reward will be current 2020 promotion  
 TBD).

Motor coach transportation with no  
 stops to and from casino.

Please feel free to bring drinks and/or  
 snacks on bus.

## Therapeutic

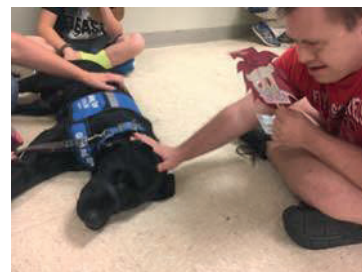
Therapeutic Recreation (TR) uses recreational activities (such as art, games or dance) to help people with disabilities to improve their physical, cognitive and social skills. For example, doing a craft activity might help a child to build fine motor skills, while also giving them an opportunity to think creatively and have fun with peers.

Colonial Heights Recreation and Parks offers a series of programs for those with special needs including but not limited to intellectual, physical, emotional or developmental disabilities.

These activities will be offered to help enhance their recreation interests and participation. Prior to the activity the participant must register and complete a participant profile. The participant profile can be found online on our website or can be emailed per request. Activity schedules are subject to change.

## Volunteers Wanted

If you are someone that is interested in working with and learning about those with special needs then we would love to have you as a Therapeutic Recreation volunteer. Our TR volunteers are needed in our Wednesday night activity sessions listed below. Prior to the start of class we have an informational meeting to discuss class goals, diagnosis of potential participants and we also engage in team building activities with other staff members. If you are interested in volunteering please email Shamiya Taylor-Bland at [blands@colonialheightsva.gov](mailto:blands@colonialheightsva.gov) for more information.



## Winter Classes (All Ages) - Community Center

We	12/4	Bingo!	\$3	5:30pm-7:00pm
We	12/11	Healing Sounds Music Therapy	\$10	5:30pm-7:00pm
We	12/18	Christmas Party	\$5	5:30pm-7:00pm
We	12/25	No Class - Holiday		
We	1/1	No Class - Holiday		
We	1/8	Healing Sounds Music Therapy	\$10	5:30pm-7:00pm
We	1/15	Animal Therapy	\$3	5:30pm-7:00pm
We	1/22	Open Mic Night	\$3	5:30pm-7:00pm
We	1/29	Bingo!	\$3	5:30pm-7:00pm
We	2/5	Valentine's Day Party	\$5	5:30pm-7:00pm
We	2/12	Healing Sounds Music Therapy	\$10	5:30pm-7:00pm
We	2/19	Ceramics	\$3	5:30pm-7:00pm
We	2/26	Sculpting Time	\$3	5:30pm-7:00pm

## TR Tuesdays

Join us for our TR Tuesday nights each month at the Colonial Heights Community Center. This class meets one Tuesday per month and the activities vary, see schedule below.

Tu	12/10	Music Expression	5:30pm-7:00pm	\$10
Tu	1/7	Painting to the Music	5:30pm-7:00pm	\$3
Tu	2/11	Nature Arts	5:30pm-7:00pm	\$3
Community Center				





# Senior Center

## Senior Center

The Senior Citizen Center is adjacent to the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:00 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted.

Visit the Senior Center's Facebook page at [www.facebook.com/CHseniorcenter](http://www.facebook.com/CHseniorcenter) for a full listing of programs and activities. The page is updated each month with a full monthly calendar listing of programs, trips, special activities, and photos from our activities. You may also call the Center at (804)520-9220 for information on upcoming activities.

## Tri-City Chili Peppers Team to Begin Play in Coastal Plain League at Shepherd Stadium Starting May 2020

Even though temperatures are starting to cool down, things with the newest Coastal Plain League baseball team are heating up.

After the month-long Name The Team contest, the team name was officially announced on October 17: the Tri-City Chili Peppers. The name was submitted by Kurt Anderson of Chesterfield, taking home the grand prize of a multi-game ticket package, T-shirt and hat.

The CPL released the 2020 season schedule on October 21 which features 26 home games for the Chili Peppers at Shepherd Stadium. Owner Chris Martin and General Manager Steve Taggart expect a launch of an official team website to happen before Thanksgiving. With it, ticket packages should go on sale just in time for the holidays.

More exciting news came from the team on November 1 as we were introduced to the head coach of the Chili Peppers, Tim Lowery. Lowery was the head coach at Clover Hill from 1987 to 2006, leading the Cavaliers to a state title in 1994. From 2007 to 2017, he moved over to Cosby where he led the Titans to regionals 10 years in a row. Lowery has coached hundreds of players drafted into the MLB including 23 first round picks.

The Chili Peppers are close to revealing a logo for the team which will then lead right into designing merchandise. The team expects some of their gear to be ready by December. Perhaps some last minute gift ideas or stocking stuffers for all the new Chili Pepper fans.

Stay updated with everything happening with the Tri-City Chili Peppers by following them on Facebook and Twitter.

## Senior Transportation

Hours of Operation are Monday-Friday 8:00 a.m. to 4:30 p.m. (With services being provided from 8:15 a.m. to 4:00 p.m.).

Service is available only to Colonial Heights residents who are at least 60 years of age, and adult special needs or handicapped Colonial Heights residents.

Transportation will be available to and from any Colonial Heights destination. Also, for medical appointments only, to and from Petersburg, Hopewell and the Puddledock Road area of Prince George County.

Registration for services is required and is available by calling Senior Transportation at (804)520-9219. Appointments must be made at least 24 hours in advance. There are no fees for transportation services, but donations are accepted.

## Activity & Fitness Monthly Class Schedule

### Monday

- 8:30am Bootcamp
- 9:30am Total Body Strength
- 9:30am Tai Chi (*Library*)
- 9:30am Bowling (*League Fee*)
- 10:00am Strength & Stretch
- 11:00am Pickle Ball (*Swift Creek Baptist Church*)
- 1:00pm Adult Coloring
- 3:00pm Computer Class (*sign up*)
- 4:00pm Beginners Sewing (*sign-up \$12*)

### Tuesday

- 8:30am Morning Crunch
- 9:00am Yoga
- 9:15am Tap Dancin' Grannies
- 9:30am BP Screening (*3rd Tue*)
- 10:00am Sit & Let's Get Fit
- 11:00am Total Sit
- 11:00am Bunco
- 11:00am Meditation
- 12:00pm Duplicate Bridge
- 12:00pm Lunch Program with CDAAA
- 1:00pm Bingo
- 1:30pm Water Aerobics (*HCC - \$2*)
- 3-6pm Quilts for Vets (*Last Tue*)
- 3:00pm Open Sew (*1st, 2nd & 3rd Tues*)

### Wednesday

- 8:30am Muscles in Motion
- 9:30am Total Body Strength
- 10:00am Strength & Stretch
- 10:00am Crochet & Knitting Group
- 11:00am Line Dancing
- 11:00am Pickle Ball (*Swift Creek Baptist Church*)
- 12:00pm Party Bridge
- 4:00pm Beginners Sewing (*sign-up \$12*)

### Thursday

- 8:30am Morning Crunch
- 9:00am Yoga
- 9:30am Sing-A-Long
- 10:00am Sit & Let's Get Fit
- 11:00am Total Sit
- 11:00am Game Central
- 12:00pm Lunch Program
- 12:45pm BP Screening (*1st Thur*)
- 1:15pm Senior Citizens Club Mtg.
- 2:00pm Watercolor

### Friday

- 8:30am Muscles in Motion
- 9:30am Total Body Strength
- 10:00am Strength & Stretch
- 11:00am Pickle Ball (*Swift Creek Baptist Church*)
- 1:00pm Computer Class (*sign up*)
- 1:00pm Scrabble
- 5:30pm Open Paint
- 7:00pm Senior Dance (*2nd Fri - \$6*)

## Connect with Rec & Parks

On  
Social  
Media...



(Pictured left to right: General Manager Steve Taggart, Head Coach Tim Lowery, Owner Chris Martin)

# NOTICE

## Curbside Bulk Item/Trash Collection Service



### Contact CVWMA Customer Service (804)425-0500

Visit: [www.colonialheightsva.gov/321/Trash-Collection](http://www.colonialheightsva.gov/321/Trash-Collection)  
for more details or to complete an online Bulk Pickup Request

CVWMA provides curbside bulk item collection services for FREE. Bulky trash items (like furniture, water heaters, TVs up to 50 inches, and other appliances) will be collected at the curb on your regular collection day. The amount should not exceed the capacity of a 1/2 ton pickup truck. A fee may be charged for anything over a pickup truck load. Contact the Trash Collection Hotline above or complete your request online at **least one day in advance** to schedule your Bulk Items for collection.

#### Please note the following:

- **Appliances:** Appliances that contain Freon (refrigerators, freezers, air conditioners) require special handling. A \$10 fee must be paid in advance for the safe removal of the Freon prior to pickup. Submit your payment in advance to the City of Colonial Heights Treasurer's Office. Place your receipt of payment in a zip-lock bag and place it on or inside the appliance on the day of collection. Any refrigerator door(s) must either be removed or tightly secured for safety reasons.
- **Brush/Yard Waste:** Must be 4ft or less in length, cannot weigh more than 75lbs, and be bagged or bundled.
- **Non-Pickup Items:** CVWMA will not pickup construction debris, tires, car parts, or paint unless dirt/kitty litter is used to dry it up.

Call (804)425-0500 (CVWMA) to schedule bulk pickup, for all other Utility questions/concerns, call (804)520-9288.

# EVERYONE COUNTS Census 2020

## WHAT IS THE DECENNIAL CENSUS?

Every 10 years, the federal government conducts a population count of everyone in the United States. Data from the census provide the basis for distributing more than \$675 billion in federal funds annually to communities across the country to support vital programs—impacting housing, education, transportation, employment, health care, and public policy.

## WHY IS A COMPLETE AND ACCURATE COUNT SO IMPORTANT?

The census is a valuable tool for improving communities across the country. If our community members don't respond, our community may not receive the funding we need. It is important that every community member be counted!

## WHAT TO EXPECT IN 2020!

By April 2020, households will receive an invitation to participate in the census. You'll then have three options to respond: online, by phone, or by mail. April 1, 2020, will mark Census Day with events across the country. This is a key date for the 2020 count! (When completing the census, you'll note where you are living on April 1.)

Visit [www.2020census.gov](http://www.2020census.gov) for more information.



# CANDLELIT OPEN HOUSE

at Violet Bank Museum

Make plans to spend an evening at Violet Bank during the Candlelit Open House. The lovely Federal style house will be aglow in candlelight and beautifully decorated in seasonal greenery. The Candlelit Open House is from 6 pm to 8 pm on all the evenings listed. Violet Bank will be accepting non-perishable food donations during the Candlelit Open House to benefit the Colonial Heights Food Pantry, so please give generously. Admission is free and open to the public. Santa will be onsite every night of the Candlelit Open House, stop by for a visit with Old Saint Nick.

Come out and enjoy these open house dates:

- FRI. 12/6/19** Featuring Red Tenor Sax. During intermission, Museum staff will read "Twas the Night Before Christmas"
- SAT. 12/7/19** Featuring Ms. Christi Mancha performing "A Christmas Carol" from 6pm to 7pm and Clan Haggis singing traditional songs of Christmas from 7pm to 8pm
- SUN. 12/8/19** Featuring Red Tenor Sax playing a selection of Christmas favorites. During intermission, Museum staff will read "Twas the Night Before Christmas"
- FRI. 12/13/19** Featuring Ms. Lori Lunsford. During intermission, Museum staff will read "Twas the Night Before Christmas"
- SAT. 12/14/19** Featuring the 12th Virginia Civil War Dance Ensemble-period dance demonstration.
- SUN. 12/15/19** Featuring both Red Tenor Sax and Ms. Lori Lunsford with loads of festive holiday tunes

Violet Bank would like to extend a heartfelt "Thank You!" to the members of the Violet Bank Garden Club and all the other wonderful volunteers who contribute their time, talents and enthusiasm to make this annual event possible.

VIOLET BANK MUSEUM

303 Virginia Avenue | Colonial Heights, VA 23834  
(804) 520-9395 | [www.colonialheightsva.gov](http://www.colonialheightsva.gov)

Thursday,  
Nov. 28th



## COLONIAL HEIGHTS CHAMBER OF COMMERCE TURKEY TROT

We are gearing up for the 8th Annual Colonial Heights Turkey Trot on Thanksgiving Day 2019. On November 28th we will continue the tradition we enjoyed last year, when we had over 1,100 participants take part in our community event designed to bring the community together to gratefully celebrate healthy living in our city.

### 5K AND 1 MILE FUN RUN/WALK

\$75 Family Pack (2 Adults + 4 School Students)

\$70 Team of 4 Adults (18 and over)

\$35 Adult Registration w/Hooded Sweatshirt

\$30 Student Registration w/Hooded Sweatshirt

\$20 Adults (18 and over)

\$15 School Students (6-17)

\$12 School Supporter (T-shirt only)

\$12 1 Mile Fun Run/Walk (Adult/Student)

Children 5 and under FREE (shirt not included)

REGISTER AT 201 TEMPLE AVENUE, SUITE E OR  
[COLONIALHEIGHTSCHAMBER.COM](http://COLONIALHEIGHTSCHAMBER.COM)

C I Destinations presents  
**the Best of Ireland**  
with the Colonial Heights and Hopewell/Prince George Chambers of Commerce  
Departing October 14, 2020

#### HIGHLIGHTS:

- ◆ 7 Nights at 4 Star Hotels
- ◆ Muckrose House
- ◆ Cliffs of Moher
- ◆ St. Patrick's Cathedral
- ◆ Wicklow National Park
- ◆ Adare Village
- ◆ Blarney Castle
- ◆ Trinity College
- ◆ Book of Kells
- ◆ Old James Whiskey Distillery

\*Only  
\$2899 if booked by  
March 31, 2020

Please contact  
John Brandt for more  
information at  
(804) 526-5872.

CHAMBER OF COMMERCE Hopewell/Prince George  
COLONIAL HEIGHTS, VIRGINIA Chamber of Commerce

## PRIMARY SCHEDULE 2020

March  
3

Presidential Primary Election (tentative)  
6:00 a.m. - 7:00 p.m. - All Voting Precincts



## SPCA Selling Brick Pavers for Rendell Rainbow Garden at the Colonial Heights Animal Shelter

The SPCA of Petersburg-Colonial Heights and the City of Colonial Heights are together sponsoring a Brick Paver program for the Rendell Rainbow Garden at the Colonial Heights Animal Shelter. All brick sales will benefit the Colonial Heights Animal Shelter.

For more information and to order your brick paver, visit the Animal Shelter website at [www.colonialheightsva.gov](http://www.colonialheightsva.gov). For questions please contact JoAnn Glazier at 804-520-0729 for questions.



**RENDELL RAINBOW GARDEN AT  
COLONIAL HEIGHTS ANIMAL  
SHELTER SPONSORED BY S.P.C.A.  
OF PETERSBURG-COLONIAL HEIGHTS  
AND THE CITY OF COLONIAL  
HEIGHTS**

### TO ORDER:

Complete this order form and submit along with payment to:  
S.P.C.A. of Petersburg-Colonial Heights, 201 Temple Ave, Suite E, Colonial Heights, VA 23834  
Make Checks Payable to: S.P.C.A. of Petersburg/Col. Heights  
Please direct questions to JoAnn Glazier at 804-520-0729



- ☐ 4X8 Paver Without Clipart \$50 (3 lines, 20 char/line)
- ☐ 4X8 Paver With Clipart \$75 (3 lines, 15 char/line)
- ☐ 8X8 Paver Without Clipart \$125 (6 lines, 20 char/line)
- ☐ 8X8 Paver With Clipart \$175 (4 lines, 20 char/line)

## Important City of Colonial Heights Phone Numbers

### Police/Fire Emergency

Police/Fire Non-Emergency

Recreation & Parks

Office on Youth & Human Services

Colonial Heights Health Department

Utilities Billing

Billing & Collections

Commissioner of Revenue

Planning & Community Development

Registrar/Director of Elections

Curbside Trash Collection

Curbside Recycling Collection

Circuit Court

General District Court

Juvenile & Domestic Relations District Court

CH Recycling Center

(Household Hazardous Waste & Other Materials)

### Dial 911

(804)520-9300

(804)520-9390

(804)520-9286

(804)520-9380

(804)520-9288

(804)520-9320

(804)520-9280

(804)520-9297

(804)520-9277

(804)425-0500

(804)340-0900

(804)520-9364

(804)520-9346

(804)451-0213

(804)479-7056

**Call Us**

CITY OF COLONIAL HEIGHTS

# CHRISTMAS PARADE

PRESENTED BY:  
**JW ELECTRIC**

**3 DECEMBER**

The 67th Annual Colonial Heights Christmas Parade will take place on Tuesday December 3, 2019 on the Boulevard. The nighttime parade is a unique event that draws people from all over the Tri-Cities area. The Parade will begin at 7:00pm, starting at the intersection of Temple Avenue and Boulevard, ending at the Colonial Heights Courthouse.

## THE CITY FOCUS

City of Colonial Heights

Office of the City Manager

Post Office Box 3401

Colonial Heights, Virginia 23834-9001

[www.colonialheightsva.gov](http://www.colonialheightsva.gov)

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